

ICHSWJ – Agenda

Thursday – 7th October

Time	Category	Speaker
9.00am	Welcome and Introduction	ERA Board Member
9.10am	Research Update & Collaboration <ul style="list-style-type: none"> ○ BHA Stable Staff Injury Survey (30 mins) ○ Predictor of race day jockey falls in flat racing (20 mins) ○ Irish Research (30 mins) ○ Physical attributes of jockeys and track work riders in Tasmania. (15 mins) ○ Research collaboration 	Mike Filby / Prof. Craig Jackson Peta Hitchens Dr. Giles Warrington/Sarah Jane Cullen Peta Hitchens All
10.55am - 11.10am	Country updates <ul style="list-style-type: none"> ○ Sweden ○ South Korea 	Helena Gartner Seunggho Ryu
11.10am - 11.30am	Coffee Break	
11.30am - 12.15pm	Bone Density <ul style="list-style-type: none"> ○ UK work ○ Irish work 	Dr. Michael Turner Dr. Adrian McGoldrick
12.15pm - 12.30pm	Fitness to ride test	Dr. Caron Jander
12.30pm:	Management of race day fatalities	Dr. Michael Turner
1.00pm - 2.00pm	Lunch	
2.00pm - 2.50pm	<ul style="list-style-type: none"> ○ Physiological and psychological status of apprentice jockeys (25 mins) ○ Nutritional aspects of jockeys health (15 mins) ○ Discussion 	Dr. David Greene & Dr. Justine Stynes Gillian O'Loughlin
2.50pm - 3.30pm	Review of Article 27 (Standard of Medical Fitness to Ride) <ul style="list-style-type: none"> ○ Cardiovascular disorders ○ Endocrine & metabolic disorders ○ Gastro-intestinal and abdominal disorders ○ Genito-urinary and renal disorders ○ Gynaecological conditions ○ Haematology ○ Hearing ○ Musculo-skeletal disorders ○ Neoplasia / cancer ○ Neurological disorders ○ Psychiatric disorders ○ Respiratory disorders ○ Visual acuity ○ Recent surgery / operations ○ Medication ○ MRSA ○ General discussion 	Dr. Michael Turner / Denis Egan

3.30pm - 3.45pm	Coffee Break	
Time	Category	Speaker
3.45pm - 4.05pm	Health Safety & Welfare – a jockeys perspective	Jeff Johnston
4.05pm - 4.45pm	Country Updates:	South Africa – Dr. Richard Albrecht Hong Kong – Steve Railton Germany – Dr. Peter Wind USA – Jamie Haydon Others
4.45pm	Questions and answers	All
5pm	Conclusion	

Friday - 8th October

Time	Category	Speaker
9.00am - 9.30am	Computerised medical records / Pressagia system /Standardising the definition of injuries / Injury analysis	Dr. Michael Turner/Dr. Adrian McGoldrick
9.30am - 9.45am	Personal protective equipment	Dr. Caron Jander
9.45am - 10.15am	<ul style="list-style-type: none"> ○ Air Jackets presentation 	Paul Varnserry – PVA Technical File Services Ltd.
10.15am - 11.15am	Concussion and helmet safety equipment <ul style="list-style-type: none"> ○ The diagnosis, detection and course of concussion in jockeys. ○ Introduction of a concussion management system ○ French concussion system 	Dr. Huw Williams Dr. Adrian McGoldrick Dr. Benoit Le Masson
11.15am - 11.35am	Coffee Break	
11.35am - 12.40pm	Prohibited substance workshop <ul style="list-style-type: none"> ○ Questionnaire responses ○ Preparation of harmonised list for drug testing of riders. ○ Drug testing of handlers and anyone who handles a horse on a race day. ○ Oral contraception 	All Denis Egan
12.40pm - 1.00pm	Mawsafe Rails presentation	Mawsafe representatives
1.00pm - 2.00pm	Lunch	
2.00pm:	Dehydration <ul style="list-style-type: none"> ○ Irish Studies/Statistics (15 mins) ○ Effect of combining heat stress, dehydration and fatigue in riders (10-15mins) ○ Dehydration overview. 	Dr. G. Warrington & Denis Egan Dr. Caron Jander Dr. Giles Warrington
3.00pm:	Spinal injuries / shoulder injuries / clavicles / fractures <ul style="list-style-type: none"> ○ Relationship between bone density and fracture (JRA Case Study) ○ Raising physical abilities of JRA Jockeys (including JRA Training of jockeys to fall) ○ Spinal injuries 	Aki Akitani Teruaki Yakima/Aki Akitani Dr. Peter Wind/Dr. Benjamin Kienast

3.45pm - 4.00pm	Coffee Break	
Time	Category	Speaker
4.00pm.:	Country Updates	Ireland – Dr. Adrian McGoldrick England – Dr. Michael Turner France – Dr. Benoit le Mason Japan – Aki Akitani United Arab Emirates – Gerard Bush Australia – Dr. Caron Jander
5.00pm:	General discussion on conference including Where Next?	